

WEEK 3



STEP	Choose from	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Main option	Chinese Sweet Chilli Chicken	Garlic & Paprika Beef	Roast Turkey with Stuffing	Beef Keema Pie	Fishwich
	or	OI.	or or	OX	or	or
	Veggie option	Chickpea & Lentil Dhal	Vegetable Quiche	Quorn Fillet	Veggie Cowboy Pie	Mexican Tortilla Layer
	or		or	Or Or	ox	or
	Classic Combo option				8 6	
M	Secket Potato Pasta Wrap	Baked Beans	Tuna & Sweetcorn	Grated Cheese	Baked Beans	Grated Cheese
				2		1
STEP 2	To go with Vegetables / Salad	Sweetcorn	Peas	Carrots	Green Beans	Peas
	J.	Green Beans	Carrots	Broccoli	Sweetcorn	Baked Beans
STEP 3	Then add	Wholegrain Rice	Potato Wedges	Roast Potatoes	Mashed Potato	Chips
	J.					
STEP	and to finish! Choose from a tasty	Summer Fruits and Custard	Mango Pavlova	Strawberry Jelly and Cream	Black Forest Brownie Bites	Blackcurrant Cheesecake
T	selection of Puddings	Cheese & Biscuits	Cheese & Biscuits	Cheese & Biscuits	Cheese & Biscuits	Cheese & Biscuits
	Bread and Salad will be available at Lunch Times	Fresh Fruit & Yogurts	Fresh Fruit & Yogurts	Fresh Fruit & Yogurts	Fresh Fruit & Yogurts	Fresh Fruit & Yogurts