

WEEK 1

Choose from	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Beef Chilli Tacos	Cajun Chicken	Roast Beef & Yorkshire Pudding	Chicken & Broccoli Bake	Turkey Burger
Main	to go with	to go with	to go with	to go with	to go with
	Mixed Rice, Peas	Broccoli, Mixed Pasta	Carrots, Green Beans, Roast Potatoes, Gravy	Mixed Pasta, Mixed Veg	Baked Beans, Chips, Peas
	Bombay Spiced Quorn	Baked Ratatouille	Quorn Fillet	Lentil & Vegetable Stew	Falafel & Spinach Burger
Vegetarian (to go with	to go with	to go with	to go with	to go with
	Mixed Rice, Peas	Broccoli, Mixed Pasta	Carrots, Green Beans, Roast Potatoes, Gravy	Mixed Pasta, Mixed Veg	Baked Beans, Chips, Peas
	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Combo	to go with	to go with Broccoli	to go with Carrots, Green Beans	to go with Mixed Veg	to go with Baked Beans, Peas
	with choice of fillings Baked Beans	with choice of fillings Tuna Mayo	with choice of fillings Grated Cheese	with choice of fillings Baked Beans, Salmon & Tomato	with choice of fillings Grated Cheese
STEP	Fruit Crumble to go with Custard	Blueberry Traybake	Fruit Jelly & Ice Cream	Chocolate Cake to go with Chocolate Sauce	Choc Ice
and to finish!	Fresh Fruit Bar, Yoghurt	Fresh Fruit Bar, Yoghurt	Fresh Fruit Bar, Yoghurt	Fresh Fruit Bar, Yoghurt	Fresh Fruit Bar, Yoghurt
bread and Salad will be		<u>~</u>	1 cg marc	Bu Son Son	